





Mentally healthy people in a healthy society.



CMHA Peel champions good mental health for everyone and supports the full participation of those with mental illness and addictions in the life of the community.



Leadership, Integrity, Inclusiveness, Advocacy, Accessibility, Quality.

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2014/15 has been an incredible year of growth and change at CMHA Peel. In just one year the organization has added 69 new staff as we finalized the delivery of our In-STED program, launched a new crisis service, reduced our vacancy rate and added new capacity in Case Management, Addictions, Family Support and Early Intervention.

The year also saw the completion of concurrent disorders certificate training for over 30 staff, lean management training for 15 managers, Compassion Fatigue training across the organization, a new Quality Improvement Plan, Health Equity Plan and research on engaging South Asian Youth. To better support this expansion and improvement, we created a new Project Management function, reorganized our team and management structures and hired new Senior Directors for both Clinical and Corporate Services.

In the back-office this was also a year of great change. Helen Gemmell, our Senior Director of Corporate Services retired after 33 years of dedicated service. Helen was an incredible asset to the organization and will be greatly missed. Her last year was the furthest thing from a wind down though as corporate services led the redesign of 6,000 square feet of new shared space, introduced smart phones, webmail, sim-carded mobile computers, a new state-of-the-art call centre, a formal privacy and security review, online policy review software, online vacation tracking and transitioned leadership seamlessly to our new Senior Corporate Services Director, Zaur Gassanov.

All of these changes would mean nothing, though, unless they resulted in improved service quality and availability. In one year, monthly service volumes increased from just under 1,000 clients served in May 2014 to over 1,500 clients served in May 2015 (that does not include a number of clients that chose to remain anonymous) while maintaining high client satisfaction scores and reducing wait times from over 2 years for case management to 8 months.

The year also saw the growth of the Consumer Council as they undertook their own recruiting and have now participated in the LHIN strategic planning process, helped redesign the client survey and began to engage the organization with their limitless ideas for improvement.

2014/15 also saw a dramatic rise in our fundraising, promotion and educational activities. The second annual Ride Don't Hide event raised almost \$60,000 while nationally the total surpassed \$1 million. Corporate donations have also risen and this fall will see the return of the CMHA Peel Walk for Life, Walk for Hope, to honour those who have lost loved ones to suicide. Our promotion and educational activities have grown substantially as well. Beginning with our new partnership with the Mississauga Steelheads and culminating with our expanded catalogue of educational offerings to be released soon.



Next year looks to be just as busy as the Central West LHIN has announced funding for CMHA Peel to expand services into the North Etobicoke, West Woodbridge and Rexdale portion of the LHIN. This service expansion will include addictions and mental health case management as well as a new Brief Intervention service. Additionally, CMHA Peel will be supporting the LHIN as it moves forward with a Centralized Systems Access Model for Mental Health and discussions begin with CMHA Waterloo Wellington-Dufferin on how the two branches can best serve the Dufferin population. The year will also see further internal development as we consult on the organizational strategy for the years 2016-19, complete our second accreditation, further automate payroll, undertake a major documentation management initiative, develop monthly financial reporting and continue clinical reporting development.

We would like to thank everyone – staff, clients, funders and community stakeholders – who made all these great changes possible. Equally, we want to thank the tireless backbone of the organization who kept working hard every day, serving clients and maintaining the quality foundation on which all these great changes could be built.

What a year!

Thank you everyone,

David Smith, Chief Executive Officer

Neil Brydon, Chair, Board of Directors

HOW IT ADDS UP

STAFF DEVELOPMENT



Staff received their Concurrent Disorder Certificates



Project

All managers undergo both **Microsoft Project** & **LEAN training**



Compassion Fatigue training for all staff

NEW & ENHANCED PROGRAMS & SERVICES

nana

In-STED program went live with 7 CMHA staff

Successfully bid for two more family workers in partnership with FAME (Family Association for Mental Health Everywhere) to support families

9

new positions were awarded by the Central West Local Health Integration Network (CW LHIN)



Integration Network

CW LHIN invests

\$600,000

to upgrade Crisis Services - Crisis Services is redesigned, staffed and went live March 16th

Wait times decreased by

66%

(From 24 months to 8 months)

Increased the amount of groups programs by

43%

Groups include Healthy Sexuality, KALM – Anxiety, Diabetes, Self-Harm, Hearing Voices, Dual Recovery Peer Support now available across all programs.



More groups have also incorporated peer support

MENTAL HEALTH PROMOTION, EDUCATION & PUBLIC AWARENESS



12 Applied Suicide Intervention Skills Training (ASIST)

workshops with 277 participants

Mental Health Workshops for 5,662 participants



Displays - Serving 9,287 individuals

YOUTH NET



11 Youth Net Displays serving 1,186 youth



other

Presentations presentations to 950 youth for 2,124 people

OPERATIONAL INNOVATION & EXCELLENCE



New space at 314 is renovated to be a multiservice front door for clients First Ride Don't Hide raises over

\$35,000

with over 200 riders participating



ridedon'thide

The second raised over

\$58,000

Shared space begins

Vacation scheduler goes live

Total staff reaches over **150**

Mental Health Education & Promotion goes entrepreneurial and helps fund its own expansion



Access programs are often referred to as the "front door" of the agency. As a Central Intake worker, I am part of the Access team, and have the privilege of welcoming many new clients to CMHA Peel. The front door is open to everybody.

We see clients who are new to the mental health system, and those who have been navigating it for years. Their backgrounds are always different, but their concerns are often the same: worries about being labeled or discriminated against, feeling uncertain about the future, and coping with struggles from the past. People coming in the door want to feel safe, want to feel heard, want to work, and want to learn.

It is my job to show them how we can help, listen to their story, and present CMHA Peel as a welcoming place. Central intake workers do all of this in the span of only a few phone calls and visits, sometimes interacting with the client only once. We also connect with family members and others in the support network, providing information, reassurance, and connecting them with additional resources. The best part of working at Central Intake is seeing people become excited or relieved when they find the help they are looking for. The hardest part is not being able to give a client all the services they need right away.

In some cases, I do have the opportunity to follow up with clients beyond intake, in my role as a shortterm community support worker. I see clients in the community for up to 3 months to set and work on goals, make referrals and support connections. In most cases, long-standing issues and concerns cannot be entirely resolved in such a short span, so my goal is always that my clients walk away with a plan, and the resources they need to see it through. Housing applications, securing benefits, referrals and readiness for counselling, connections to groups, and learning to set good goals are often the focus of short term work. Three months go by quickly. It amazes me how much I get to learn about a client's strength challenges, and hopes, and see things change during that short time.

Nicole

Central Intake/Community Support Worker

- Access Program



After considerable community engagement and program planning, 24.7 Crisis Support Peel launched on March 16, 2015. Comprised of a team of 19 full-time Regulated Health Professionals from diverse clinical and cultural backgrounds, the goal of the program is to offer support to individuals in their own environment to de-escalate the crisis, assess risk and develop a safety plan.

The transition to this new service was seamless, without any disruption to clients. Since day one, the crisis lines have been busy and our mobile teams have been conducting outreach visits in the community.

The program uses a Recovery-based, client-centered approach, which focuses on the client's strengths. Referrals to short and long-term supports can also be facilitated to minimize the chances of future crises. 24.7 Crisis Support Peel has been able to forge strong collaborative community relationships which have allowed the service to develop safety plans which avoid unnecessary trips to local Emergency Departments.

The program also works with the law enforcement community to minimize the criminalization of mental illness, instead creating innovative strategies to support clients and connecting them to treatment. 24.7 Crisis Support Peel is excited to provide a high calibre of crisis intervention to the Peel Community and is already looking to expand our reach to those who are most isolated and marginalized in our community.

Just want to thank you for your handling of the incident concerning my autistic son on Canada Day. So compassionate & professional. Thank you, it means the world to us.

Message on the Peel Regional Police Facebook page after a crisis team mobile response.

RECOVERY WEST

Recovery West is the name for our newest program at CMHA Peel. Recovery West replaces our Partnership Place and Eden Place programs, and also encompasses Vocational Support Services.

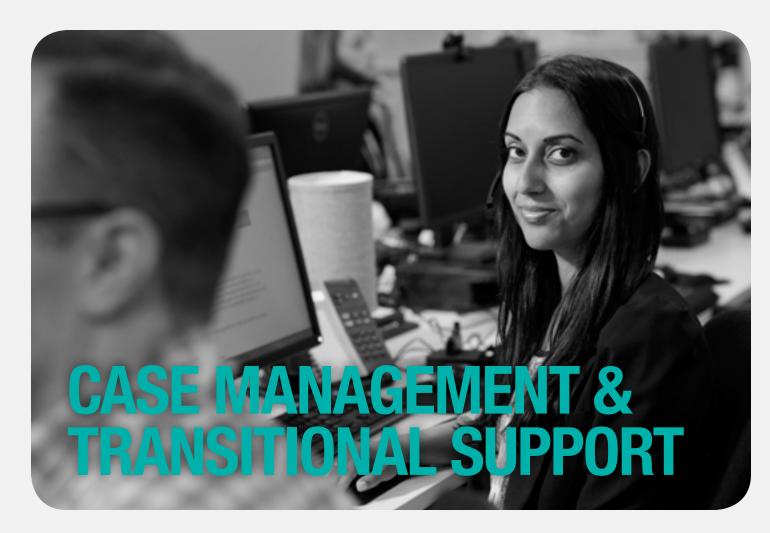
At Recovery West we believe that everyone in recovery from mental health issues should have support from their peers and a variety of opportunities throughout their journey in recovery. This program promotes Mental Health Recovery through groups, activities and vocational services with a focus on peer support.

One of the most exciting aspects of this new program is our groups which include: Hearing Voices, Dual Recovery, Self-Injury, WRAP, Peer Leadership and more. Recovery West activities continue to include: outings, movie afternoons, crafts, cooking and baking; and as always we continue to offer dedicated vocational staff in the Career Centre to support clients and Transitional Employment opportunities.

The numbers support that the changes in the program are having a positive impact. Last fiscal, Recovery West supported more people (547), an increase in new members (240 first service) and younger members (52% of our clients are under the age of 44). The Recovery West Drop-in also saw a significant increase in participation this past fiscal at 10,175 attendances up from 8,850 last year.

Vocational Services continues to be a large focus in the new program of Recovery West. This program, with the addition of a second vocational support worker, had 1,455 client interactions while supporting 231 individuals in 2014-2015.





In 2014-15 CMHA Peel made a case for, and received additional funding from the LHIN for increased case management staff, as well as a Transitional support worker.

The transitional worker role grew out of a conversation within the case management team about supporting individuals at pivotal transition points in their recovery journey. This includes individuals who are ready to transition to more, or less intensive supports, as well as those entering service.

As part of the Quality Improvement Plan a pilot project with a transitional worker was undertaken and the success of that pilot led to CMHA Peel acquiring funding for this position.

This new role, together with the increased case management staff has led to a staggering 66% decrease in wait times for case management. This reduction in wait times, from 24 months to 8 months, means that 85 clients who were previously on the wait list have been assigned to a case manager during this time.

My role as a Transitional Support Worker has given me the opportunity to be a part of creating a new role and collaborate with many staff and clients from different parts of CMHA Peel. It was an exciting process from what started as a team conversation, to a committee to a newly funded position and role. Seeing firsthand how the Transitions program directly benefit the people we serve is rewarding. In my past position, as Peer Support Worker, I never thought of changing my role as I found it empowering to share and listen to others path to recovery. Now that I have changed jobs, the fundamental work I do has not changed; I still bring my unique perspective, which I feel is valued. However, most importantly, is the feeling that I am impacting someone's li positively, and that my mental illness recovery story is benefiting someone else.

Justin, Transitional Community Support Worker – Access to Recovery Program





The first phase of the expansion was initiated in March 2015, giving the team the opportunity to support the key stakeholders and accused individuals, both in and out of custody. To support this change MHJS revised our service model to now provide a dedicated court team comprised of 2 Community Support Workers and one Release From Custody worker. All are available at court 5 days per week, ensuring that our services remain available to the public, and the key stakeholders in the courthouse.

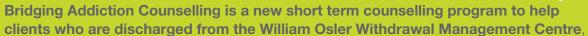
The exceptional relationships built over many years with key stakeholders in the court system, and our values of integrity and leadership have allowed this first phase of the MH court expansion to be very successful.

In the midst of all of this change, it is important to note that the team supported 1,749 appearances in MH court throughout 2014-15. This included supporting not only the individuals and their families in court, but also supporting the Crown and Defence in the court process.

Of those individuals who made court appearances, 507 were approved for mental health diversion with CMHA; and of the 507 only 71 were returned to the regular stream for trial or plea. That means 436 individuals were supported through mental health diversions, or though other informal court options with our teams' support. Without the strong advocacy of the team, these successes may not have been possible.

November 2015 marks the beginning of phase II of our expansion to a true full day Mental Health Court, two days per week, commencing at 10am Tuesdays and Thursdays. We are still in the planning stages of this next phase, and will continue to provide support and assistance, 5 days per week, to those in the A Grenville and William Davis Courthouse.

BRIDGING ADDICTION COUNSELLING



or a client identified as needing Addiction Counselling Services by the Health Links - Physician or a Health team. Clients are provided with short term counselling services to explore and connect to appropriate community or residential addiction counselling services.

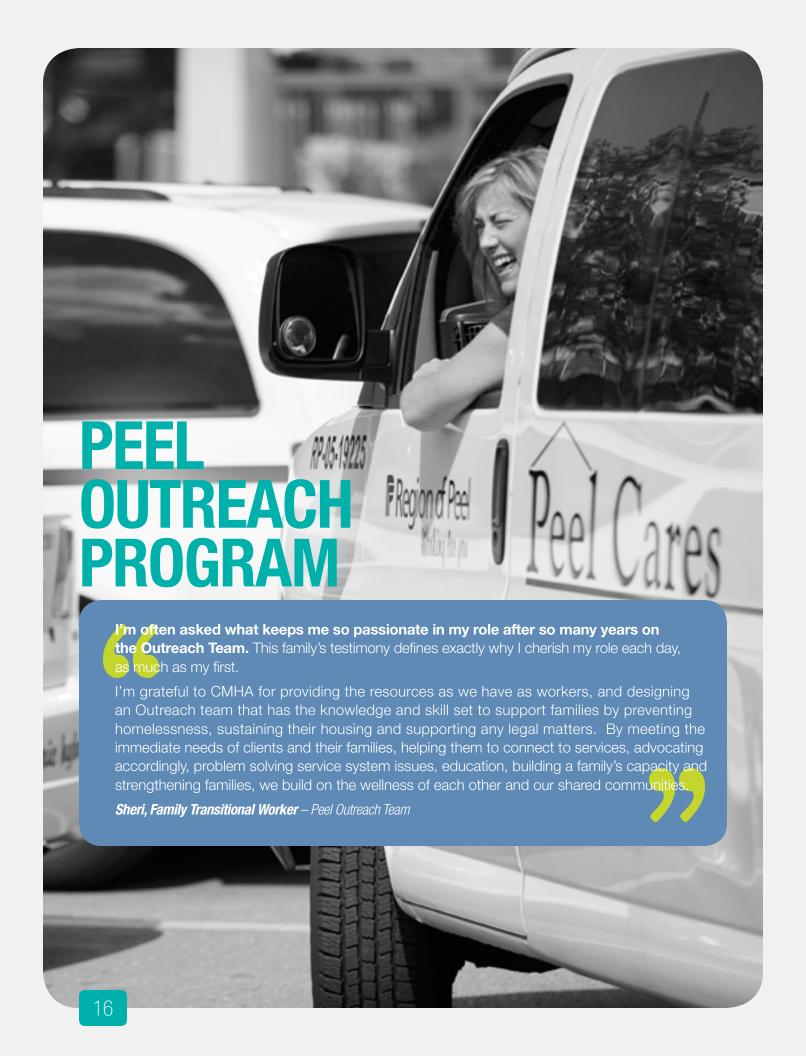
The program is run in partnership with the William Osler Health System, Punjabi Community Health Services and PAARC.

TELEMEDICINE: NOVATION.

CMHA PEEL TELEMEDICINE **PROGRAM**

Telemedicine uses videoconferencing to connect clients to specialists, groups and other or other health service providers, reducing the time, cost and stress associated with traveling to an appointment.

In 2014-15 saw Telemedicine integrated into Clinical Practice at CMHA/Peel for psychiatry consults with System Wise and In-STED clients and follow-up with youth in the Impact program. Currently planning is underway to utilize Telemedicine for specialized trauma-based supervision to staff, and for a pilot program to further integrate Telehomecare with Health Links, Intake, Youth and Case Management.



ONE FAMILY'S JOURNEY



I am writing to thank Sheri and the Outreach program though I truly believe that these words cannot ever compare to the support and help given to our family through the program.

When we landed in Canada we found out that my father had remarried. He was living with his second wife and her sons and after he moved to a new house we were left in an empty box that was in the worst condition. We were left all alone, without enough money to even buy food - he left us, never to look back.

Being the eldest of three teenagers and two pre-teens I tried to take responsibility as mom's physical and mental health deteriorated - she took a lot of trips to the hospital.

Mortgage payments, school, health, bills and utilities - everything was pilling up. Depression became our companion. When we met Sheri we were about to loose the roof over heads - the Peel Outreach Program prevented homelessness for us.

Sheri first helped us sort out the mortgage arrears, but that was just the beginning of the support she provided. She connected us to community supports like the Salvation Army and even provided bus tickets so my mom could go to the hospital and doctor's appointments. And when my mom was sick she used to help us by bringing food to us.

Previously when people came to our house we could sense their pity. My mom used to be extremely depressed blaming everything on herself. But whenever Sheri and her team came they always brought a smile to my mom's face and have helped pull her out of her depression. The Outreach team respected our culture and was extremely considerate, co-operative, generous and kind towards us. They brought hope to our family.

Lam happy to know that teams like the Peel Outreach Peel Program are there to help people in need like us. We have spent many nights in tears but are thankful that those days are over. Thanks is just such a small word compared to the huge amount help and support given to us by Sheri and the Outreach team. I have to mention that I have had tears in my eyes many times writing this letter, but I smile recalling the times we received support.

Thank you Sheri and the whole Peel Outreach Team!

Zune, client

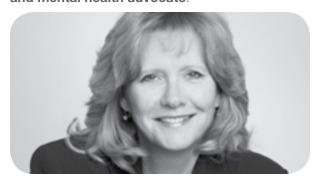
- Peel Outreach Program

CARING COMMUNITY AWARDS

The Caring Community Awards recognizes individuals and organizations that have helped promote and encourage mental health awareness and have made a positive impact on the lives of individuals and families living with mental illness.

LINDA JEFFREY

Many know Linda Jeffrey as the new Mayor of Brampton, a respected MPP, provincial cabinet minister and city councillor, but for CMHA Peel she has been a long-time friend of the organization and mental health advocate.



Since her time as a Brampton City Councillor, Linda has supported and championed the work of CMHA Peel and kept abreast with changes in public health and mental health policy and legislation. As an MPP she worked to ensure that mental health stayed on the agenda at Queen's Park and advocated for the needs of the Peel community. In 2009 when the Select Committee on Mental Health and Addictions was created, she ensured CMHA Peel had a voice at the table and that our experiences and views were considered.

She was very supportive of the creation of the Community Door Brampton, understanding the great value of having several community services in a shared space. Most recently she announced the funding for CMHA Peel's In-STED program as well as funding to support home care and expanded community services through the Central West LHIN.



Catherine Bancroft, Joe Brisebois, Kevin Buckner, Gary Carty, Lorna Robinson, Gregg Robinson, Jeanette Schepp & Jon Tyner.

For the last two years the steering committee for Ride Don't Hide have dedicated their time, expertise and funds to increasing the profile of, and support for, mental health and the work of CMHA Peel. Collectively this group of tireless volunteers have devoted over 1,200 hours over the last 2 years to ensuring that Ride Don't Hide is a successful event... and what a success it has been.



Last year Ride Don't Hide raised over \$35,000 for our mental health promotion and client wellness initiatives. The 2015 Ride is expected to raise over \$70,000 for CMHA Peel.

From planning the routes, to hanging the signs, to distributing thousands of flyers, to driving and loading the truck, and many hours spent at bike shows and community events, this committee has been unwavering in their support of the Ride and CMHA Peel. When heavy rain preceded the 2014 ride they went out with brooms and swept gravel from the roads to ensure our cyclist would be safe. They have garnered thousands in sponsorships and donations and have rallied their friends, families and colleagues in support of the Ride. One even rode the 50km route with a Go-Pro Camera stuck to his helmet.

All of this they have done with enthusiasm. Bringing a sense of fun to every meeting, and tackling every obstacle with creativity and good humour.



Yousef Botros and his team at IDA Pecketts and IDA Saint Peter's Pharmacies have been great supporters of CMHA Peel. In the last three years they have donated over \$22,000, supporting the agency, our Client Wellness Initiative and Ride Don't Hide, in addition to providing exemplary pharmacy support to our ACT team for several years.

In 2014 when we approached Yousef to support our client wellness initiative he came on-board without hesitation. He and his team have attended the Wellness Expo for the last two years, sharing their health insights and providing clients with snacks throughout the event. Their enthusiasm for this event was evident when they joined in the fun of our fitness demonstration.

He has also enthusiastically supported Ride Don't Hide for the last two years as a Diamond Sponsor helping to ensure the success of this event. Again he and his team came out to support our riders and families with drinks and snacks to nourish them and cheering them on as they crossed the finish-line.



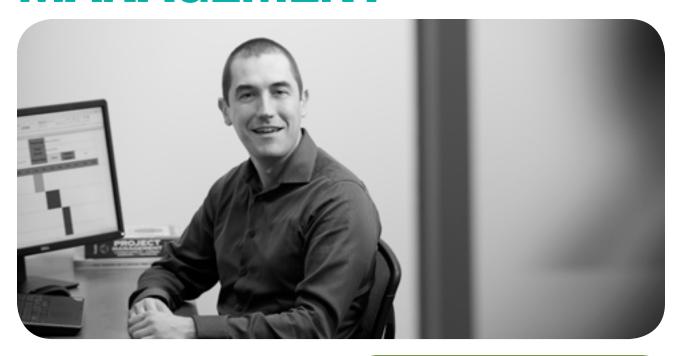
Member of the SNC-Lavalin Group

As the sponsor of our Mental Health Promotion Program Candu Energy's generous support CMHA Peel has enabled us to redevelop our Quick Guide to Mental Health Services. This informative guide contains information on a wide variety of mental health and addictions services available throughout Peel. The Quick Guide is distributed to hospitals, community agencies, Peel Regional Police, doctor's offices and many other organizations, ensuring individuals and families know where to turn for help when they need it.

Candu Energy's sponsorship allowed CMHA Peel to increase the printing and distribution of this valuable resource guide from 25,000 to 50,000 copies doubling our reach in the community. They're sponsorship also allowed for the introduction of a new agency brochure. These pieces have been very well received and are now in high demand. In fact, since February 2015 over 30,000 quick guides and 10,000 brochures have been distributed in the community.



PROJECT MANAGEMENT



Project Management was formally initiated at CMHA Peel in August 2014 to provide a structured approach to delivering organizational projects and initiatives. In order for projects to be successful, it is important for project leads, team members, and sponsors to have a clear understanding of project management methodology and language. The methodology and structure helps to standardize how we set project objectives and timelines, as well as identify issues and risks that can be discussed and resolved as a team.

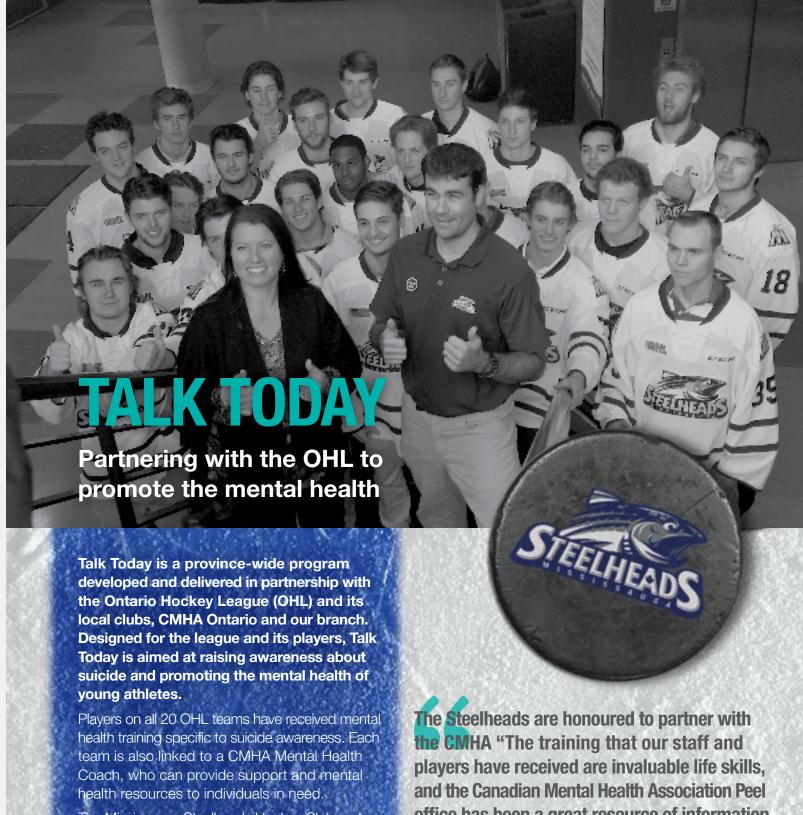
The use of project management methodology across CMHA Peel creates efficiencies and allows projects to be managed with less resources, thus creating more time for direct service. It also enables us to see dependencies between projects and build our plans so that we can successfully achieve the objectives of each project in a coordinated manner.



In my role as Project Manager, not only do I have the opportunity to lead a number of projects, but also to work closely with managers and staff to help them plan and deliver their projects successfully. I'm able to spend time teaching the methodology to our leads and their support teams, and this helps continue to build our future capacity.

With 32 projects currently underway and in various stages of completion, it is critically important that we manage them with a consistent approach. This means we plan ahead, review our progress on a regular basis, learn from our stumbles and successes, and incorporate all of our experiences into the next challenge we undertake!

Lawrence, Project Manager



The Mississauga Steelheads Hockey Club and CMHA Peel teamed up to raise awareness about the importance of mental health during the Steelheads Family Day Game, February 16, 2015. The goal of this Talk Today event was to combat stigma by starting a conversation around mental health and encouraging young people to seek help when they need it. CMHA Peel volunteers were on hand to provide information to the sold-out crowd, and CMHA information videos were featured before the game and during intermissions.

office has been a great resource of information and support. We are glad to play our part in eliminating the stigma surrounding mental health issues in our community.

James Boyd, Mississauga Steelheads Head Coach and General Manager





ridedon'thide

Our inaugural Ride Don't Hide community bike ride in 2014 was a great success, surpassing our goal and raising over \$35,000 for local mental health programs and initiatives.

Over 200 cyclists came out to Caledon to raise awareness and funds for mental health programs throughout Peel Region. Graced with beautiful weather, cyclists challenged themselves on one of three routes; the 100 km or 50 km road routes, or the 20 km Family Ride along the Caledon Trail.

CMHA Peel's first community bike ride was one of 5 Ride Don't Hide events taking place in Ontario - Peel Region, Greater Toronto, Grey Bruce, Lambton Kent and Windsor Essex – raising over \$210,000 for local CMHA branches. Nationally there were 20 Ride Don't Hide events across Canada in 2014, raising over \$676,055.

This ride carries special weight for me. I have a strong belief in the cause for mental health generally, and I think that mental health affects all of us at some point over our lives.

In my case my dad had challenges with mental health for much of his adult life. Today I'm riding for him and I also hope and feel that I am riding with him, and that the kind of isolation that he may have felt over the last many years is something that I hope, through events like this, that we can overcome.

Eric – Ride Don't Hide participant



2014 SPONSORS

DIAMOND SPONSORS





GOLD SPONSORS



J C Rice Holdings Ltd.

SILVER SPONSORS





BRONZE SPONSORS















COMMUNITY SPONSORS

City South Ltd.





MECHANICAL SUPPORT











CMHA DONORS

Thank you to all our donors & supporters who have contributed to Canadian Mental Health Association Peel Branch in 2014/2015!

MH PROMOTIONS

Candu Energy

WELLNESS EXPO

 IDA Peckett's Pharmacy (Mississauga) & IDA Saint Peter Pharmacy (Brampton)

LEADER / \$5,000+

 Winners Merchants International

BENEFACTOR / \$2.000+

- Susan Tschirhart
- Symcor

PATRON / \$1,000+

- Janine Elias Joukema
- Chris McEvenue
- Sinc McEvenue

FELLOW / \$500+

- Bell Canada
- CUPE 831
- Dynasty Dance Company
- M. Khemrajsingh
- Lorne Park Seconday School
- Muruhendran Mahendran
- Fric Mann
- Mary Mcknight
- The Rotary Club of Credit Valley
- Glenn Stowers

SPONSOR / \$250+

- Steve Ashton
- Candu Energy - Wellness
- Feshco Retail Maintance
- Diana Lovricevic
- TC Truck & Trailer Repairs

ASSOCIATE / \$100+

- Linda Beyer
- BMO Global Asset Management

- Robert Bentley
- Joan & Mike Bancroft
- Gordon Bogden
- Shareeza Boodhoo
- Ruth Boom
- Patricia Budhooram
- Peter Callahan
- Lorraine Deverall
- Patricia Dev
- Jim Edwards
- Shahrzad Esmalli
- Fabio Fernandes
- Shynaleigh Forde
- Don French
- Helen Gemmell
- HumberChapter-Heritage Club
- Jack Kamrad
- Kumaresan Kumaragur
- Amy Lee
- Francine Lewis
- Nisha Lewis
- Diann Lutz
- Rebecca Lutz
- Terry MacPhee
- Natalie Manning
- Jeremy Mason
- Deborah Maybury
- Atif Mahmood
- Ann McCulloch
- Sandy & Tom Milakovic
- Sara Merrifield
- Joe Morris
- Mitchell Natione
- Hieu Nguyen
- Ontario Power Generation Inc.
- Sangeeta Patel
- Linda Petrie
- John Ramsammy
- Chris Richards-Bentlev
- Hal Roback
- Laura Saadetian

- Peter Scoufaras
- D. Skinner
- Marie Skinner
- Brent Smith
- Basil & Sharon Somers
- Andy Staniewski
- Ed & Sari-Anne Staniewski
- Sandra Stubbert
- Grea Symons
- TRUE
- Jon Tyner Frank van Nie
- Kelly Wawrychuk
- Mary Wong
- Worley Parsons Canada Service

FRIEND / \$50+

- Mary Ann Allin
- Gareth Ellis
- Pascal Ethier
- Holly Fedorczenko
- Jennifer Fouldes
- Jane Grainger
- Rehana H
- Aisha Hakimjee
- MaryLou Hanlon
- Brenda Harris
- Jen Hodgson
- Phil Hodgson Mary Jackson
- Jemerson James
- Bertha Jacov Maria Jenkins
- Jennifer Judd
- Brian Kamenka
- Dawn Kearns
- Marilynne Kolking
- Myrna Kota
- Indu Kukreia
- Jim Laird
- Jess Landry David Lew

- Jhsi Lewis
- Laura MaCallum
- Macarena Mardones
- Paul Miller
- Paula Miller
- Lina Mohammed
- Sherifa Mohammed Sharon Montgomery
- Shelagh Nuttall
- Michael O'Connell
- Sarah O'Grady
- Gilles Paquette
- Harold Peace Jane Pearce
- Aretha Perkins
- Anthony Prenol
- Jellian Redway
- Ann & David Robinson Grega Robinson
- Janine & Jeremy Robinson
- Talva Rotem
- Vernon Russell
- Jay Ryan
- Jeanette Schepp
- Agnes Sergiel
- Martha Simmons
- Derek Smith
- Philip Thompson
- Sandra Tonn
- Donna Turner
- Debra Vanderhart
- Nora Vince
- Helen Vukovic
- Michael Watson
- Gianna Wichelow
- Elayne Williams Polly Yawney
- Sam Yawney Tim Yawney
- We regret any errors or omissions.

MOVING FORWARD

Greater access, greater support, greater impact.

CMHA Peel is currently engaged in the process of formulating our strategic plan for 2016-2019. In our initial consultations three key themes have emerged.

ACCESS

Access to services and **supports** to meet mental health and addiction needs.



CONTINUUM OF CARE

A range of services to support recovery.



WORKFORCE DEVELOPMENT

Staff development to ensure continued excellence in service delivery.

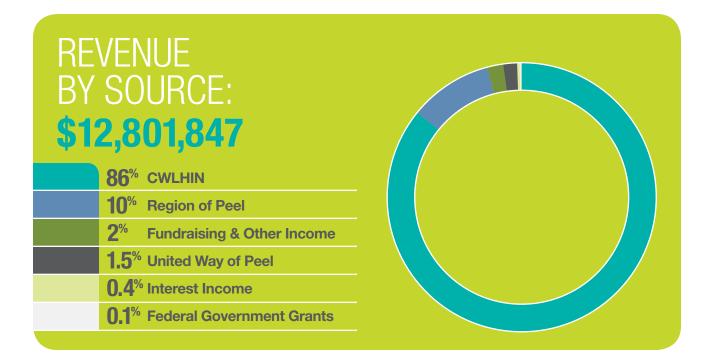


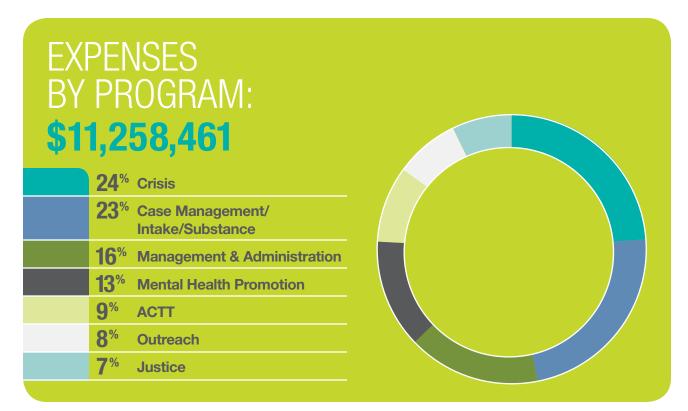
We look forward to further consultations with staff, clients, partners and other community stakeholders to further develop our organizational strategy. We are excited to move forward with a plan that addresses the needs of our community and our goal of mental health for all.



STATEMENT OF REVENUE & EXPENDITURES

April1, 2014 to March 31st, 2015





STATEMENT OF FINANCIAL POSITION

as at March 31, 2015

ASSETS	2015	2014
Current		
Cash and cash equivalents	\$ 2,507,574	\$ 2,654,771
Short-terms investments	240,957	198,000
Accounts receivable	425,751	268,441
Prepaid expenses	19,000	26,935
	3,193,282	3,148,147
Long-term Investments	1,021,950	940,056
Rent Deposits	63,198	58,834
Capital Assets	1,119,649	704,129
	\$ 5,398,079	\$ 4,851,166
LIABILITIES		
Current		
Accounts payable and accrued liabilities	\$ 1,942,890	\$ 995,668
Ministry of Health payable	1,320,156	2,006,554
Deferred revenue	154,817	301,625
Deferred capital contributions	309,678	144,538
	3,727,541	3,448,385
Future Employee Benefits	240,000	240,000
Deferred Capital Contributions	809,959	559,579
	\$ 4,777,500	\$ 4,247,964
NET ASSETS		
Internally restricted	139,198	136,199
Unrestricted	481,381	467,033
	620,579	603,202
	\$ 5,398,079	\$ 4,851,166

CMHA PEEL INFORMATION AND REFERRALS

Monday - Friday: 9am - 5pm

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Canadian Mental Health Association Mental health for all

Association canadienne pour la santé mentale . Peel La santé mentale pour tous