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| **­­­Tuesday 4-7:45pm** | **Wednesday 4-7:45pm** | **Thursday 4-7:45pm** | **Friday 4-7:45pm** | **Saturday 12-3:45pm** |
| **1**  **3:30-4:30** Hearing Voices  **4:30 – 5:30** Knit Wits  **6:00 – 7:30** Members Music Group | **2**  **5:00-6:00** Depression & Awareness  Image result for gay flag colours**6:30-8:00** Queer Minds (Offsite @ 60 West Drive) | **3**  **5:00-6:00** Understanding Anxiety  Image result for anxiety | **4**  ***1:00-2:30*** *\*Coffee Talk @ McDonalds (King St. & Hurontario St., Mississauga) \**  **4:30 – 5:30** Member’s Book Club  **5:30 - 7:00** In-House Movies | **5**  **12:30-3:00** Card Games  12:30-1:30 Saturday Baking |
| **8**  **3:30-4:30** Hearing Voices  **4:30 – 5:30** Knit Wits  **5:30 – 6:30** On-Air!- with Martin-closed group  **6:00 – 7:30** Members Music Group | **9**  CLOSED | **10**  **5:00-6:00** Understanding Anxiety  C:\Users\turnerc\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\31A4F892.tmp | **11**  ***1:00-2:30*** *\*Coffee Talk @ McDonalds (King St. & Hurontario St., Mississauga) \**  **4:30 – 5:30** Member’s Book Club  **5:30 - 7:00** In-House Movies | **12**  **CLOSED FOR THANKSGIVING**  [This Photo](http://theswirlworld.com/2012/11/22/what-im-not-going-to-post-happy-thanksgiving/) by Unknown Author is licensed under [CC BY-ND](https://creativecommons.org/licenses/by-nd/3.0/) |
| **15**  **3:30-4:30** Hearing Voices  **4:30 – 5:30** Knit Wits  **5:30 – 6:30** On-Air!- with Martin-closed group  **6:00 – 7:30** Members Music Group | **16**  **5:00-6:00** Depression & Awareness  **6:30-8:00** Queer Minds (Offsite @ 60 West Drive)  Image result for gay flag colours | **17**  **5:00-6:00** Understanding Anxiety  C:\Users\turnerc\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\A0DCEB93.tmp | **18**  ***1:00-2:30*** *\*Coffee Talk @ McDonalds (King St. & Hurontario St., Mississauga) \**  **5:30 - 7:00** In-House Movies | **20**  **12:30-3:00** Card Games |
| **22**  **3:30-4:30** Hearing Voices  **6:00 – 7:30** Members Music Group  **2:00** – Coffee and Movies | **23**  **5:00-6:00** Depression & Awareness  **6:30-8:00** Queer Minds (Offsite @ 60 West Drive)  Image result for gay flag colours | **24**  Image result for anxiety**5:00-6:00** Understanding Anxiety | ***25***  ***1:00-2:30*** *\*Coffee Talk @ McDonalds (King St. & Hurontario St., Mississauga) \**  **4:30 – 5:30** Member’s Book Club  **5:30 - 7:00** In-House Movies | **26**  **12:30-3:00** Card Games  12:30-1:30 Saturday Baking |
| **29**  **3:30-4:30** Hearing Voices  **4:30 – 5:30** Knit Wits  **5:30 – 6:30** On-Air!- with Martin-closed group: CANCELED  **6:00 – 7:30** Members Music Group | **30**  **5:00-6:00** Depression & Awareness CANCELED  **6:30-8:00** Queer Minds (Offsite @ 60 West Drive)  Image result for gay flag colours | **31**  **5:00-6:00** Understanding Anxiety- CANCELLED | **\*Schedule is subject to change\***  **Please check the bulletin boards at Recovery West for any changes\***  **Drop in is closed on Sundays and Mondays**  \*Starred groups are held outside of Recovery West  **Coffee and Movies @ Square One – Must be a regular member for the Drop-In to attend and MUST sign up in advance.**  **You will no longer receive a gift certificate** | |

**October 2019 – Recovery West Drop In**

**Recovery West Drop In**

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