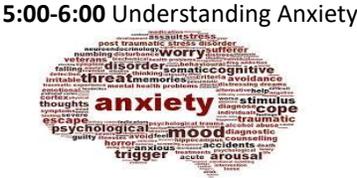


JANUARY

Drop-In Calendar

Tuesday 4-7:45pm	Wednesday 4-7:45pm	Thursday 4-7:45pm	Friday 4-7:45pm	Saturday 12-3:45pm
<p>*Schedule is subject to change*</p> <p>Please check the bulletin boards at Recovery West for any changes* Drop in is closed on Sundays and Mondays</p>	<p>CLOSED</p> 	<p>5:00-6:00 Understanding Anxiety</p> 	<p>1:00-2:30 *Coffee Talk @ McDonalds (King St. & Hurontario St., Mississauga)*</p> <p>5:30 - 7:00 In-House Movies</p>	<p>12:30-3:00 Card Games</p> 
<p>3:30-4:30 Hearing Voices</p> <p>4:30 - 5:30 Knit Wits</p> <p>6:00 - 7:30 Members Music Group</p>	<p>5:00-6:00 Depression & Awareness</p> <p>6:30-8:00 Queer Minds (Offsite @ 60 West Drive)</p>	<p>5:00-6:00 Understanding Anxiety</p> 	<p>1:00-2:30 *Coffee Talk @ McDonalds (King St. & Hurontario St., Mississauga)*</p> <p>4:00-5:00 Smoking Cessation</p> <p>5:30 - 7:00 In-House Movies</p>	<p>12:30-3:00 Card Games</p> <p>12:30 - 2:00 Saturday Baking</p>
<p>3:30-4:30 Hearing Voices</p> <p>4:30 - 5:30 Knit Wits</p> <p>6:00 - 7:30 Members Music Group</p>	<p>5:00-6:00 Depression & Awareness</p> <p>6:30-8:00 Queer Minds (Offsite @ 60 West Drive)</p> 	<p>5:00-6:00 Understanding Anxiety</p> 	<p>1:00-2:30 *Coffee Talk @ McDonalds (King St. & Hurontario St., Mississauga)*</p> <p>4:00-5:00 Smoking Cessation</p> <p>5:00-6:00 Book Club-Shell People</p> <p>5:30 - 7:00 In-House Movies</p>	<p>12:30-3:00 Card Games</p> 
<p>The Annual Beat the Blues Party! 3-6 pm</p>	<p>5:00-6:00 Depression & Awareness</p> <p>6:30-8:00 Queer Minds (Offsite @ 60 West Drive)</p> 	<p>5:00-6:00 Understanding Anxiety</p> 	<p>1:00-2:30 *Coffee Talk @ McDonalds (King St. & Hurontario St., Mississauga)*</p> <p>4:00-5:00 Smoking Cessation</p> <p>5:30 - 7:00 In-House Movies</p>	<p>12:30-3:00 Card Games</p> <p>12:30 - 2:00 Saturday Baking</p>
<p>2:00 *Coffee & Movie @ Square One-Sign Up Required</p> <p>3:30-4:30 Hearing Voices</p> <p>4:30 - 5:30 Knit Wits</p> <p>6:00 - 7:30 Members Music Group</p>	<p>5:00-6:00 Depression & Awareness</p> <p>6:30-8:00 Queer Minds (Offsite @ 60 West Drive)</p>	<p>5:00-6:00 Understanding Anxiety</p> 	<p>CLOSED</p>	<p>Starred groups are held outside of Recovery West</p> <p>Coffee and Movies @ Square One –</p> <p>Must be a REGULAR member of the DROP-IN to attend-SIGN UP REQUIRED</p>