

COVID-19 SUPPORT

Services Available

Monday-Friday 8 am - 8 pm

Saturday & Sunday 8 am - 6 pm

Contact us for information & support

905-791-7233 | covid19support@cmhapeel.ca



Canadian Mental
Health Association
Peel Dufferin
Mental health for all

Association canadienne
pour la santé mentale
Peel Dufferin
La santé mentale pour tous

COVID-19 SUPPORT

We Can Help

- Isolation support
- Mental health supports
- Resources about COVID-19
- Masks and hand sanitizers
- Access to food and necessities
- Housing and financial resources
- Anything else you need to stay safe



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