Isolating due to COVID-19 symptoms or exposure?

Contact us for information & support
905-791-7233 | covid19support@cmhapeel.ca

COVID-19 Support Line Hours
Monday - Friday • 8am - 8pm
Saturday - Sunday • 8am - 6pm
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We Can Help!

- Isolation support
- Mental health supports
- COVID-19 information and resources
- Masks and hand sanitizers
- Access to food and necessities
- Housing and financial resources
- Anything else you need to stay safe