

Isolating due to COVID-19 symptoms or exposure?

Contact us for information & support

905-791-7233 | covid19support@cmhapeel.ca

COVID-19 Support Line Hours

Monday - Friday • 8am - 8pm

Saturday - Sunday • 8am - 6pm



Canadian Mental
Health Association
Peel Dufferin
Mental health for all

Association canadienne
pour la santé mentale
Peel Dufferin
La santé mentale pour tous

Isolating due to COVID-19 symptoms or exposure?

We Can Help!

- Isolation support
- Mental health supports
- COVID-19 information and resources
- Masks and hand sanitizers
- Access to food and necessities
- Housing and financial resources
- Anything else you need to stay safe



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